

# **Delivery Format**









### **Face to Face Group Workshops**

Maximum 12 participants 1 day

#### **Live, Virtual Group Workshops**

Maximum 10 participants 1 day

#### Who Should Attend?

This workshop is designed for those who lead or manage teams, or interact with key stakeholders during change initiatives. It's also recommended for anyone who:

- ✓ Heads up a department
- ✓ Is a senior manager or executive
- ✓ Has leadership, or line management responsibility
- ✓ Creates or supports business cases for change projects
- ✓ Manages projects or project stakeholders
- ✓ Supervises, mentors or coaches others
- ✓ Aspires to manage or lead a team one day
- ✓ Wants to create a more dynamic, loyal and energised workplace
- ✓ Wants to develop themselves as a more competent and effective manager.



### Workshop Overview

It's often said that 'change is the only constant' in modern workplaces. This experiential 1-day workshop equips participants to successfully prepare, plan & execute change in their organisation. Using proven theories and models, we explore the emotional and practical elements of change in order to maximise success through change initiatives. Change at work is both inevitable and largely unpopular so here we focus on pre-empting issues and staying ahead of the change curve by using simple tools and tactics.

# **Key Objectives**

Participants will leave the workshop with strategies and practical actions to:

- ✓ Demonstrate their understanding of change and change management
- ✓ Recognise the causes and drivers of change at work and plan effectively
- ✓ Recognise responses and barriers to change
- ✓ Manage resistance to change
- ✓ Predict colleague behaviours and adapt their behaviour accordingly
- ✓ Support their team through change
- ✓ Communicate the reasons for change and the benefits of this effectively
- ✓ Demonstrate ethical influence and persuasion skills
- ✓ Use practical tools to create high engagement with change initiatives
- ✓ Apply established change theories to deliver future change initiatives in the most efficient way
- ✓ Adopt a systematic approach to planning and delivering organisational changes
- ✓ Maintain colleagues' motivation in times of change

This fast-paced, interactive workshop equips managers to understand the emotional complexities of change, in order to lead and manage employees through times of uncertainty. A must for all people managers in dynamic organisations.

